



### WHAT TO EXPECT DURING YOUR PRENATAL VISITS

We know that you are very excited about your pregnancy and we want to tell you about what to expect during your prenatal visits. This is the usual schedule of visits and expected procedures but this can change if your doctor feels that is needed.

#### **First Prenatal Visit**

#### **Routine Lab Work to Include:**

- Complete blood count
- Blood type and RH factor
- Antibody screen
- Syphilis screen
- Rubella screen
- Hepatitis B surface antigen
- Chlamydia culture
- Gonorrhea culture
- Group B Strep culture
- Cystic fibrosis screen (if desired)

#### **Complete History and Physical to include:**

- Pap smear (if indicated)
- Urine culture
- Plan your prenatal care and answer any questions

<b>1 to 2 weeks after first prenatal visit</b>	Ultrasound to confirm your due date
<b>16-18 weeks gestation</b>	Quad screen (if desired)
<b>20 weeks gestation</b>	Ultrasound to view your baby's anatomy
<b>26-28 weeks gestation</b>	Screening for gestational diabetes
<b>28 weeks gestation</b>	Rhogam injection if your blood type is negative
<b>34-35 weeks gestation</b>	Syphilis screen Group B strep culture if your initial culture is negative

Your prenatal visits will be every 4 weeks until you reach 28 weeks. After that your visits will be every 2 weeks.

In your last month of pregnancy you will come every week and the doctor will check your cervix for any dilatation.

This is just a guideline and changes in your health and pregnancy will determine changes in the schedule of events.